REPORT FROM THE STATE OF PENNSYLVANIA

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In Pennsylvania up to the present time no steps have been taken to organize a state society. We have, however, a state division of occupational therapy under the state Department of Health at Harrisburg; an occupational department under the Department of Public Welfare at Harrisburg; an occupational therapy department under the Department of Public Health, City of Philadelphia and an occupational therapy department under the Department of Public Welfare, City of Philadelphia.

We also have the Philadelphia School of Occupational Therapy whose board and faculty number forty-nine; the Alumnae Association of the Philadelphia School of Occupational Therapy with an active membership of over sixty and an association of aides in active service, with a membership of about thirty, who meet monthly to discuss various problems in connection with their work. The chairman of this association is Miss Ida F. Sands; secretary-treasurer, Miss Helen Murphy; membership committee, Misses Mary Pardee Earle, Virginia Scullin and Marion Monroe; entertainment committee, Misses Helen B. Taylor and Harriet Winslow Dulles.

In the Spring of 1921, the Philadelphia School of Occupational Therapy having outgrown its quarters on Spruce Street, it became necessary to find a larger home. Through the generosity of one of the members of the board of directors the present location of the school, 2200 DeLancey Place, was offered to us for a year. Almost at once our new quarters were filled to capacity for the time for which we had re-engaged our faculty and, with the continued enrollment of students, it soon became necessary

1 Read at sixth annual meeting of the American Occupational Therapy Association, held at Atlantic City, September 25 to 29, 1922.
to arrange for a duplication of time of our faculty in order to take care of our student body.

Our work has grown in many ways but one of our most important undertakings has been our workshop for the handicapped. This new department was a subject of careful thought before being formally accepted as part of the school and the head of the department added to our faculty membership. The questions of the remuneration to and from patients, the character of the cases accepted and the supervision of the same, have been given serious consideration. The workshop has become an integral part of the course given to our students, each group having hours assigned for the practical experience of handling cases and keeping record cards, as well as the actual help given to the patients themselves.

We have also in connection with the school a placement bureau and have been very successful in placing our graduates and are constantly receiving requests from all parts of the country for occupational therapy aides. We graduated a class of thirty in June and since July 1st, we have placed two-thirds of that number in good positions. Thirty-eight of the aides mentioned in the following reports are graduates of the Philadelphia School of Occupational Therapy and have been placed through the school bureau.

Our course has been lengthened to conform with what is now the required standard. Beginning with October of this year we offer a course of eight months in the crafts including the lectures. We have lengthened and strengthened in every possible way our lecture course of which we are very proud. I am very glad to be able to add that the president of this association will be one of the lecturers this coming year.

The lectures are as follows: Psychology, eight lectures; medical conditions, covering mental and physical disabilities, including tuberculosis, eighteen lectures; hospital conditions and hospital etiquette, four lectures; social conditions, five lectures; anatomy and kinesiology, twenty-four lectures. In addition we have a number of lectures by members of the faculty and we make the usual visits to settlement houses and to institutions for the blind, deaf, feeble-minded, etc.
Our thanks are due to the various hospitals and to the visiting nurse society where our students receive their training.

The Philadelphia School of Occupational Therapy is one of the member agencies of the welfare federation and our budget is, therefore, assured for the coming year and the members of the board of directors, of which Mrs. James Starr, Jr., is the president, are unflinching in their interest and are in complete accord with the dean and faculty of the school.

Mrs. Frances Hinton, Chief, State Division of Occupational Therapy, State Department of Health, Harrisburg, reports on the Organized Work in the State Sanatoria for Tuberculosis and the Reading Clinic as follows:

Mont Alto Tuberculosis Sanatorium has three shops, one for men and boys, well equipped, and two smaller ones for women and girls, as the sexes do not mingle. The therapeutic side of occupational therapy is emphasized. Pre-vocational, as well as occupational, work is given in practical crafts. Millinery, dressmaking, manicuring, book-binding, light carpentry, sign-painting, rug weaving, caning, toy-making, furniture repair work and other crafts. Patients are placed on the pay roll when able and trained to help with sanatorium work and in occupational therapy shops as instructors.

Hamburg Sanatorium has a large community work shop (sexes mingle here) with practical crafts, as at Mont Alto, and in addition watch repairing, typewriting and English is taught to foreigners. Library work is given and the editing of the hospital paper is carried on by patients under supervision of the occupational therapy department.

Cresson Sanatorium along the same lines.

The Department of Labor and Industry co-operates with the State Department of Occupational Therapy in placing arrested cases from sanatoria in suitable positions.

The State Clinic at Reading has just organized as an experiment an occupational therapy department which shows every indication of being perfectly successful. If it is, the State Department of Occupational Therapy will place the work in every tuberculosis clinic in the state.

Occupational therapy staff, Mont Alto, Miss Lois A. Schenck, director; Miss Ellen Knutzen, assistant. Community Art Shop, patient instructors, cabinet and bench work, Mr. Joseph Stern; toys, painting,
etc., Mr. William Morrow; general, Mr. Charles Reagan. Domestic Arts Studio, under Miss Knutzen; patient instructors, volunteer service, dressmaking and sewing, Mrs. Craybill; basketry, Miss Wheatland; manicure classes, Misses Esther Kauffman, Violet Miller and Anna Duncan.

Hamburg Sanatorium, Miss Olive Hough, director; Miss Katherine Butler, first assistant. Patient helpers, Harry Simonian, teacher; Matthew Poglanich, orderly; W. J. Cotter, watchmaker; Finney Davis, librarian; F. Morris, assistant librarian. Spunk staff, Olive P. Hough, staff advisor; Thomas Pedley, editor; F. Houseknecht, treasurer; F. Gibbons, business manager; M. J. McFadden, circulation manager; F. Norris, R. Conley and A. Moser, assistant editors.

William C. Sandy, M.D., Director Bureau of Mental Health, Department of Public Welfare, Harrisburg, reports that

Practically all of our state hospitals for mental patients, including the institutions for mental defectives, are conducting some form of occupational therapy. In these institutions these activities are in charge of persons experienced from a practical standpoint but probably not to the extent or in the way that they would be qualified to be called occupational therapy aides. Some of the institutions, however, have workers who are duly qualified aides. Miss Mary L. Putman, who has had extensive experience in occupational therapy was appointed the field representative of this bureau on July 1st. She has begun a statewide survey of the present facilities for occupational therapy in our state institutions and is prepared, by consultation and personal efforts, to stimulate generally such activities throughout all our hospitals.

The following information has been sent to me by the superintendents of the state institutions who have been most courteous in replying to my requests for material for this report:

S. M. Miller, M.D., Chief Resident Physician, Department for Men, State Hospital for the Insane, Norristown, reports that

We do occupational therapy at the Norristown State Hospital. Miss Patton has charge of the occupational therapy department for women and they do a great deal of embroidery, rug making and basket making. We do not have an instructor in the occupational department for men though we are trying to locate some one, but we do the usual work that is done in an art room.
J. Allen Jackson, M.D., Superintendent of the State Hospital for the Insane, Danville, reports that

All forms of occupational and physical therapy are grouped under the heading of occupational activities. In the female department 107 cases are reached by two occupational teachers, who are graduate nurses of our training school and practically trained in arts and crafts. In the male department, 76 cases are reached by physical therapy and industrial rooms. Here, again, we have graduate nurses of the training school who are practically trained in this line. When our plans are completed, the physical facilities will be as follows: (1) Equipment for bedside instruction. (2) Class rooms for beginners. (3) Arts and crafts rooms for female patients, with industrial rooms for male patients who display a productive initiative in any line of work. (4) Physical therapy classes. (5) Service departments. (6) Diversion and recreation. (7) Occupational therapy is to become a part of the training school curriculum, while occupational aides and nurses will carry on the work. We favor this arrangement from the standpoint of administration, for the reason that it provides many avenues of approach to the individual patient and affords an opportunity to reach all groups.

H. C. Clarke, M.D., Superintendent of the Pittsburg City Home and Hospital, Mayview, reports that

We have no trained workers and what occupational work is done is as follows: Farm work and gardening in charge of male attendants on a farm of about a thousand acres; laundry work, ward work, bakery, printing shop, tailor shop, shoe repairing, broom, mop and mattress making, sewing room for women, where all the clothes for the patients are made. In our next year's budget we are asking for two occupational teachers, one for the male and one for the female department to help us with such patients whom we are not able to get interested in any branch of work by our present means for employment.

James S. Hammers, M.D., Superintendent of the Chester County Hospital for the Insane, Embreeville, reports that

We have a well organized occupational therapy department, which work is conducted by Miss Laura E. Glover, who received her training at one of the state hospitals. The work in this department includes practically everything from basketry to fancy work.
E. M. Green, M.D., Superintendent and Physician in charge of the Harrisburg State Hospital, reports that the occupation work in this hospital is under the direction of Miss Edna E. Hildred who has three women and two men assistants. The patients so employed number 109 during the past month. This number refers to those in occupational classes and not to the patients engaged in other forms of occupation.

Henry I. Klopp, M.D., Superintendent of the Homeopathic State Hospital at Allentown, reports that in this institution the scope in this direction has been enlarged upon. At the present time we have one director, Miss Clara F. Offutt, who has three aides, one of these a man. In addition on the men's service there are two men attendants whose entire time is devoted to assisting in the direction of the patients under the supervision of the director of aides. We also have our nurses assigned, one at a time, for a period of six weeks as a part of their training school course. This enables us to stimulate their interest and to get them to assist in the directing of patients in occupational therapy.

Walter G. Bowers, M.D., Superintendent of the Schuylkill County Hospital for the Insane, reports that we have a large room devoted to this work where brooms, brushes of various sorts, mops, straw hats and stockings are made by the patients. Women do considerable sewing, such as making underwear, dresses and men's shirts. We have also a tailor shop in which most of the men's clothing is made. Many patients, of course, are employed on the outside on the lawns and doing garden work.

H. A. Hutchinson, M.D., Superintendent of the Dixmont Hospital, reports that for many years we have realized the great importance of occupational therapy in the treatment of our patients. So much can be said in favor of this form of medical care that its value cannot be disputed. Within more recent years we have endeavored to individualize the particular kind of work best suited to certain types beginning with simple measures and increasing this work as the condition of the patient improves. In addition to this individual work, of course, we
engage as many of our patients as possible in some useful occupation. At the present time we employ about 63 per cent of our patients. The man in charge of the men's department is Mr. James Taylor. Mrs. Clara McCumsey is in charge of the women's department.

H. J. Sommer, M.D., Superintendent of the Blair County Hospital for the Insane, Hollidaysburg, reports that

We have a concrete shop, blacksmith shop, carpenter shop, tinning and plumbing, rug, mattress and pillow work, shoe repair and sewing room, etc. Our main aim is constructive work which will save our maintenance and building account—and the patients, as a rule become intensely interested on the job. . . . I wish to state most emphatically that I am not opposed to the special work as embraced in what is usually termed "arts and crafts" for the insane—on the contrary, these special lines are very useful for such patients as desire that class of work in preference to the more strenuous occupations we have consistently insisted upon and developed.

H. W. Mitchell, M.D. Superintendent of the State Hospital at Warren, reports that

For many years a special building has been used for women patients in which an attempt has been made to encourage activities in pottery, water color painting, needle, raffia work, etc. In addition to this, we have kept certain rooms in the building for the purpose of employing patients in rug making, basket weaving, dressmaking, etc. There has been less concerted effort on the male wards, though during the summer months special attention has been given to getting convalescent patients engaged in some light outdoor employment, varying with their strength and not conducted for the purpose of any benefit to the hospital interests where a very considerable percentage of our male patients is engaged in the usual institutional manner.

C. R. McKinniss, M.D., Superintendent of the Western Hospital for the Insane, Torrance, reports that

Under the present interpretation of the term I fear the work we are doing here would not be called occupational therapy, though personally I have never been able to see the difference. . . . . As the work goes on we hope to broaden efforts but just now the great necessity seems to be to build, and the beneficial results of this work to our patients justifies the concentration of efforts on construction work.
G. A. McCracken., M.D., Medical Superintendent, Hospital for the Insane, Woodville, reports that

We have been unable to give this work special attention on account of not having available space but we have plans to do more extensive work the coming year. We have done considerable work in sewing, knitting, crocheting and fancy work.

J. M. Murdock, M.D., Superintendent of the State Institution, Polk, Pa., reports that

Concrete rather than abstract teaching has long been practiced in training mental defectives. Following the methods as outlined by Seguin and later brought to general notice by Madame Montesorri, kindergarten exercises and games are used, followed by manual training such as basket making, weaving, wood-work, lace making and various branches of sewing, knitting, crocheting, etc.

A printed report just received shows that Dr. Murdock is very modest in his statements and that very fine work is being done in this institution for the feeble-minded.

Martin W. Barr, M.D., Chief Physician of the Pennsylvania Training School for Feeble-Minded Children at Elwyn has sent me a most interesting printed report of the work in this institution from which I quote the following:

The school, in its preparatory training, provides an improvement class for those of extremely limited capacity, and kindergartens for young children of distinct grades of mentality, the pupils being apportioned and promoted according to mental and physical conditions. In low grade classes hand-work supercedes books entirely. Here the occupations of knitting, netting, mat-making and basketry prepare some for the manual section, while daily practice in house and out-door work is fitting others for the industrial section. In middle grade classes books occupy but a minimum period daily and training is given in darning, sewing, knitting, crocheting, chair-caning and in the weaving of rugs, carpets and tapestry. In the high-grade classes more time is devoted to books and the ordinary school course is pursued about as far as the ordinary grammar school course. The girls are also taught fine sewing, dressmaking and embroidery; and the boys sloyd, typesetting and printing. Our music classes draw their members from this
grade and band, orchestra and chorus are invaluable as a means of development. The manual division comprises those arts and crafts requiring greater precision than the ordinary industrial occupations and provides employment in the various sewing-rooms, while the industrial division provides work for children of all grades in various branches of farm, stable, laundry, household service, etc.

C. Lincoln Furbush, M.D., Director, Department of Public Health, City of Philadelphia, reports that

It is the intention of the department to increase occupational work in all the hospitals under the Department of Public Health, laying stress upon the more practical and positive character of work in the Mental Department. We are about to establish work in occupational therapy adapted for the young patients at the convalescent heart station in the Philadelphia Hospital for Contagious Diseases.

The following occupational therapists are now in the employ of the Department of Public Health and are assigned as indicated: Philadelphia General Hospital, Miss Ida F. Sands, Head Occupational Therapist; Miss Minnie M. Libby, Miss Katherine Lehman and Miss Margaret Brockerhoff, Assistants and two untrained assistants. Philadelphia Hospital for Mental Diseases, 34th and Pine Sts., Miss Mabel A. Bond, Head Occupational Therapist; Miss Virginia Scullin, Assistant. Philadelphia Hospital for Mental Diseases, Byberry, Men's Department, Frank P. Lane, Head Occupational Therapist; Women's Department, Miss Alice Kelly, Head Occupational Therapist; Miss Janet J. Redman, Assistant.

The Department of Public Welfare, City of Philadelphia, Medical Division, reports through Robert A. Schless, M.D., Assistant Physician-in-chief, that

We have used occupational therapy for the crippled children at Brown's Farm with very satisfactory results. It would be impossible at this time to predict any extension of this work. This work is being carried on at Brown's Farm by Miss Laura R. Ribble.

Owen Copp, M.D., Physician in Chief and Administrator, Pennsylvania Hospital, Department for Mental and Nervous Diseases reports that
We have a department for occupations at both the Department for Men patients and the Department for Women patients. At the Department for Men the teachers are Miss Mary F. Boyd, Director; Mrs. Grace W. L. Freas, Aide; Mr. Eric Thomas Anderson, Mr. Luther J. Kisner and Mr. John J. Butt, Aides. We are enlarging the rooms so that all the occupations can be carried on at one center. There will be a floor area of 3800 square feet. At the Department for Women the teachers are Miss Kathryn I. Wellman, Director; Miss Frances Patton, Miss Harriett J. Getty, Miss Elizabeth K. Drown and Miss Gertrude Moxley, Aides. In the Fall we are opening an additional room to be devoted to weaving. This will double the space for the occupations in this department. In addition to the central occupations room, six wards at the Department for Women and four wards at the Department for Men have regular instruction from the teachers.

At the Pennsylvania Hospital, Department for the Sick and Injured, the Department of Occupational Therapy is in charge of Miss Helen B. Murphy and Miss Elizabeth M. Orr. The Workshop, which has been open a few hours each day to patients referred for occupational therapy from the Neuro-psychiatric Clinic and the Cardiac Clinic, will be open in October to several other clinics. About thirty patients a week are visited in the wards.

Alfred C. Buckley, M.D., Medical Superintendent, Friends Hospital, reports that

This hospital has two trained occupational workers, Miss Dorothy E. Kidder, who is directing the work, and Miss Margaret Cooper, her assistant. We have one other worker who has had no training except that received at this institution. We hope to increase the number of Aides in the near future.

Since the receipt of this report Miss Cooper has resigned and Miss Elise Speuhler has been appointed to take her place.

Mrs. Alba Johnson reports that

Occupational therapy is conducted at Jefferson Hospital by Miss Alice D. Campbell. It has been carried on at IvyCroft, the Home for Convalescents at Devon, since the beginning of that institution in 1917 under the supervision of Mr. Ralph Johnson for four years. Occupational therapy was introduced into the hospital proper last Winter and is gradually being extended.
Mrs. Joseph Rubin reports for the Occupational Therapy Committee of the Board of Managers of the Jewish Hospital that

Occupational therapy is being operated in the Home for Incurables, the Lucien Moss Home, and has been organized since May, 1921. The average at each session is twenty-five patients and there are classes three times a week. The work is under the direction of Mrs. Frank Headly and Miss Myrtle E. Rice through whose efforts very fine results have been brought about in this particular department and the thought now is to introduce it, not only into the wards of the hospital but into the Old Folks' Home as well.

Mrs. John H. Musser, Jr., Chairman of the Occupational Therapy Committee of the University, reports that

During the past year this department has been under the charge of Miss Esther Jones and Miss Katharine Mortimoore, with four volunteer workers as assistants.

Miss Esther Jones has recently resigned and Miss Dora Ware Howson has been engaged as Head Aide for the coming year.

A. J. Cohen, M.D., Secretary of the Eagleville Sanatorium and Hospital, reports that

We had one aide who did very splendid work at the hospital at 7th and Lombard Streets. The patients enjoyed the work very much and Miss Clark, our superintendent, was very much pleased with the effect of the work on the patients. The name of the aide at 7th and Lombard Streets was Miss Edna Hough who spent three days a week at the hospital. The name of the aide in charge of the work at Eagleville was Miss Leah Kelman.

Both of these aides have resigned and have been succeeded by Miss Emma L. Broadbent.

Occupational therapy has been given during the past year at the Philadelphia Home for Incurables, 48th and Woodland avenue, under the direction of Miss Myrtle E. Rice.

The Rush Hospital for Consumption and Allied Diseases has a Country Branch at Malvern where occupational therapy has been given during the past Summer under the direction of Miss
Emma L. Broadbent and it is hoped that it may be possible to continue this department which has been of great benefit to the patients.

The Visiting Nurse Society of Philadelphia reports through Miss Katherine Tucker, Superintendent, that

Our budget allows for two salaried workers in this department, those two being Miss Marion Monroe and Miss Elizabeth L. Hutchinson. During the past Winter, Miss Mary Pardee Earle gave regular half-time volunteer service which was the greatest help in our work. We could use at once four full-time workers but will not be able to consider any enlargement until 1924.

This society was the first visiting nurse society in the country to use occupational therapy aides.

The Children's Hospital, 18th and Bainbridge Streets, offered practice this Summer to the students of the Philadelphia School under the direction of one of its faculty, Mrs. John H. Gibson. This resulted in the establishment of occupational therapy with one of the graduates of the school, Miss M. M. Grebe, in charge.

The Workshop for the Handicapped at the Philadelphia School of Occupational Therapy is under the direction of Miss Harriet Winslow Dulles, assisted by the students of the School. The field worker at the present time is Miss Helen Campbell.

In addition there are two other hospitals in Philadelphia which will undoubtedly be mentioned in other reports, the first is the United States Navy Hospital, League Island, under the direction of the American Red Cross, which opened a department in May which is being most successfully conducted by Miss Rosamond I. Carey and Miss Margaret Shaffner. The second is the United States Veterans' Hospital, no. 49, Grey's Ferry Road, under the direction of Miss Helen B. Taylor, Head Aide; Miss Alice Headly, Miss Elizabeth Frutchey, Mrs. Harriet Piper, Miss Lidia Bancroft and Miss Mary Gallagher, Head Aides.

Occupations are being given, of course, for children in special classes in the Public Schools and at Coatesville these classes are under a trained occupational therapist, a graduate of the Philadelphia School of Occupational Therapy, Miss Grace L. Conner.
At the Presbyterian Hospital and the Orthopaedic Hospital crafts are being given but so far there have been no organized occupational departments opened. There are, of course, other hospitals where occupational therapy is being given from which I have no definite information.